

## Short Course in Palliative Nursing Care for Professional and Enrolled Nurses Day Release

### WHAT IS PALLIATIVE CARE?

The World Health Organisation defines palliative care as “an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.”

The goal of palliative care is achievement of the best quality of life for patients and their families. The control of pain and other distressing symptoms is a vital area of care. Palliative care is not limited to end of life care; many aspects of palliative care are also applicable earlier in the course of the patient's illness in conjunction with other treatments.

Palliative care is an integral part of every nurse's role. This course equips the nurse with a set of competencies required to provide quality palliative care services and education at all levels and settings of care.

### WHO SHOULD ENROL?

This 8-month course is open to all professional and enrolled nurses registered with the South African Nursing Council and is a combination of theory and practice.

### COURSE DESIGN

The course is divided into 4 modules:

- Module 1: Principles and practice of palliative care.
- Module 2: Theory and practice of pain and symptom control.
- Module 3: Theory and practice of communication skills in palliative care.
- Module 4: Theory and practice of psychosocial, spiritual and supportive care.

In order to receive a certificate of completion learners need to successfully meet the following requirements:

#### Contact teaching

- Learners must attend a minimum of 80% of the 23 weekly contact teaching sessions on Thursdays.
- Learners must complete all modular assessment tasks.

#### Clinical practice

- 80 hours of clinical practice must be completed at approved sites. These hours are additional to the contact teaching time.

#### Workplace tasks

- Learners are required to complete prescribed palliative nursing tasks within their own work environment.

#### Communication skills assessment

- A role play interview is used to assess communication skills and attitudes.

#### Final written examination

- This is an examination conducted nationally.

- Learners must successfully complete prescribed minimum standards in order to write the examination.

#### CONTACT TEACHING DATES

|           |   |
|-----------|---|
| Module 1: | 4, 11, 18, 25 February 2016   |
| Module 2: | 3, 10, 17 March 2016<br>7, 14, 21 April 2016<br>5, 12, 19, 26 May 2016<br>2 June 2016 |
| Module 3: | 9, 23 June 2016<br>14 July 2016   |
| Module 4: | 21, 28 July 2016<br>4, 11, 18 August 2016   |

#### MODULE ASSESSMENT TASKS COMPLETED

|           |   |
|-----------|---|
| Module 1: | 3 March 2016                              |
| Module 2: | 9 June 2016                               |
| Module 3: | 28 July 2016                              |
| Module 4: | 18 August 2016                            |
| Revision: | 25 August 2016<br>1, 8, 15 September 2016 |

#### COMMUNICATION SKILLS ASSESSMENT

11 August 2016

#### COMPLETED CLINICAL AND WORKPLACE TASKS

18 August 2016

#### FINAL WRITTEN EXAMINATION

21 September 2016

2 November 2016 – Re-write by invitation only

#### COURSE FEE

R 6,740.00 (VAT included)

- A non-refundable deposit of R 1,000.00 is payable upon submission of the registration form.
- The balance of R 5,740.00 is payable by 31 March 2016.
- Educational grants may be available to cover partial or total balance of the tuition fee. Please enquire with Leshoko Komane at 012 762 4000 or [lesoko@hpca.co.za](mailto:lesoko@hpca.co.za).

All registration forms, proof of payment and documentation must be submitted by closing date **22 January 2016** to:

Leshoko Komane

Tel: 012 762 4000

Fax: 086 513 9814

Email: [lesoko@hpca.co.za](mailto:lesoko@hpca.co.za)

#### Banking Details:

Account name: Hospice Palliative CASIPO  
Account number: 271 189 118  
Bank: Standard Bank  
Branch name: Pinelands  
Branch code: 036309  
Reference number: Surname SCPNC



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- Module 2: Theory and practice of pain and symptom control.
- Module 3: Theory and practice of communication skills in palliative care.
- Module 4: Theory and practice of psychosocial, spiritual and supportive care.

In order to receive a certificate of completion learners need to successfully meet the following requirements:

### Contact teaching

- Learners must attend a minimum of 80% of all 4 block sessions which consist of full days from Monday to Friday.
- Learners must complete all modular assessment tasks.

### Clinical practice

- 80 hours of clinical practice must be completed at approved sites. These hours are additional to the contact teaching time.

### Workplace tasks

- Learners are required to complete prescribed palliative nursing tasks within their own work environment.

### Communication skills assessment

- A role play interview is used to assess communication skills and attitudes.

## Final written examination

- This is an examination conducted nationally.
- Learners must successfully complete prescribed minimum standards in order to write the examination.

| CONTACT TEACHING DATES                        |                      |
|---|----------------------|
| Block 1:                                      | 8 – 12 February 2016 |
| Block 2:                                      | 11 – 15 April 2016   |
| Block 3:                                      | 20 – 24 June 2016    |
| Block 4:                                      | 22 – 26 August 2016  |
| MODULE ASSESSMENT TASKS COMPLETED             |                      |
| Module 1:                                     | 1 April 2016         |
| Module 2:                                     | 10 June 2016         |
| Module 3:                                     | 5 August 2016        |
| Module 4:                                     | 5 August 2016        |
| REVISION                                      |                      |
| 22 – 26 August 2016                           |                      |
| COMMUNICATION SKILLS ASSESSMENT               |                      |
| 22 – 26 August 2016                           |                      |
| COMPLETED CLINICAL AND WORKPLACE TASKS        |                      |
| 22 – 26 August 2016                           |                      |
| FINAL WRITTEN EXAMINATION                     |                      |
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